



LIFTING LEADERS...

WHERE LEARNING INFORMS AND INSPIRES LEADERSHIP

FOOD SERVICE NETWORK

MyPlate

Join us to learn about this food and nutrition information program available for your students. The presenters teach a variety of audiences starting at preschool through senior citizens. In the school setting, they use a curriculum that focuses on introducing MyPlate, eating a variety of fruits & vegetables, drinking water, getting physical activity, and making healthy breakfast and snack choices. The goal of these programs is to provide free lessons to low-income area and audiences in hopes that they will leave class feeling more confident in their abilities to make healthier choices.

Featured Speakers:

Jordyn Yeater

Program Assistant
SNAP-Ed
OSU Extension
Summit County



Amanda Hallisy

Program Assistant
SNAP-Ed
OSU Extension
Summit County



When:

September 24, 2019

2:00 - 4:00pm

Where:

Summit ESC

420 Washington Ave.

Cuyahoga Falls, Ohio 44221

Cost:

*\$30 per session

*Our programming is based on your registration. We will not issue a refund if you do not attend.

Register Online at Summitesc.org

Facilitated by:

Dr. Christina Dinklocker, SESC Leadership Services

Questions: Tina Dinklocker, tinad@summitesc.org

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